



# Utah Afterschool Network

*Partnering to Support Afterschool*

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To Whom It May Concern,

The Utah Afterschool Network is pleased to write a letter of support for GreeTREE Yoga. More emphasis is being given to supporting the social and emotional development of young people that aligns with their academic success, yoga meets the national physical education core curriculum standards. It has been shown that yoga helps young people to focus and concentrate more while building self-awareness. GreenTREE yoga provides this support to youth throughout Salt Lake City Schools.

GreenTREE Yoga has been providing afterschool programs in many Salt Lake City schools. It is an established program with the support of Gold Medal Schools, the Utah PTA, and the Utah State Office of Education,

The mission of GreenTREE Is to provide sustainable yoga programs, with initial funding helping to set up yoga programs that can be continued by school/afterschool professionals. They provide many resources, trainings, and programming that benefit the youth and adults who participate.

We hope you consider GreenTREE Yoga as a potential candidate, to assist in the expansion and sustainability of the organization.

Sincerely,

Anneli M. Segura  
Executive Director