

## Leadership...Service...Accountability

GreenTREE Yoga 2961 Lostwood Drive Sandy, UT 84092 October 11, 2012

To Whom It May Concern:

The Utah State Office of Education (USOE) supports *Green Tree Yoga* in its application for funding. The USOE has worked in partnership with *Green Tree Yoga* to increase physical activity levels to improve the health of Utah's children.

Green Tree Yoga has participated in professional development for teachers at both the elementary and secondary levels as yoga is one of the recommended activities in Utah's physical education core curriculum. Yoga activities can be used in the gymnasium to improve strength, flexibility, breathing and focus and also in the classroom as five minute energizers for classroom teachers to use throughout the school day.

Green Tree Yoga has been well-received by Utah's educators in the numerous presentations they have made at school, district and state gatherings. Their efforts are always highly rated, and teachers are appreciative for the practical information they can use with their students.

The USOE will continue to maintain the partnership with *Green Tree Yoga* to bring professional development opportunities to Utah's educators. The organization has produced numerous resources to enhance the health of students throughout the state. I highly recommend *Green Tree Yoga* for any available funding opportunities. Thank you.

Sincerely,

Frank Wojtech

Frank Wojtech
Health and Physical Education Specialist
Utah State Office of Education